

From Conflict 2 Clarity

Stories of Redemption Written Interview Form

*Purpose: This written interview is designed to help participants share their personal journey of growth, accountability, healing, and redemption through the **From Conflict 2 Clarity** program.*

Participant Name: Gregory Blomach

Nickname (Optional): _____

Facility/Location: Illinois River

Date: 8-12-26

Interviewer Name: blomach

Section 1 - Before the Change

1. Describe your life before joining *From Conflict 2 Clarity*.

Staying out the way, Not out of Negative Stuff. Hustling, Hustling, Hustling. Needed Money, commissary. So I don't have those CRAZY thoughts.

2. What were some of the biggest struggles or conflicts you faced?

(ME) Making up my mind up to do the right thing.

3. How did anger, addiction, trauma, or poor decisions affect your life and relationships?

It didn't, Reaching a little deeper in say poor decision. The guys (my buddies) who I hung around with they didn't (Rob, steal, etc) they didn't care if they was broke. And all them on the street. So when I wanted money, I hung with the guys who hustle. All them in jail like me.

4. At that time, how did you see yourself?

Being the man, Better than you. (My AGE Group.)

Section 2 - The Turning Point

5. What led you to participate in *From Conflict 2 Clarity*?

I NEEDED to better ME. I WAS already low KEY. I JUST WASN'T around people like me. NOW I around people with the same time, thoughts AND THAT REALLY do make a different.

6. Was there a specific moment that made you realize you wanted change?

yes and no Not MESSING with heavy drugs. STAYING away FROM tickets, HAVING the best Jobs you can GET IN JAIL. I had to change. Had to GET IN programs to tell My Story.

7. Who or what influenced you to take accountability for your actions?

ME, HEARING SO MANY of these guys stories, blaming everybody but there self.

8. What emotions did you experience when beginning the program?

Things have a soft heart. Saying that IN A joking matter. But living the street life, being hard when emotion we deal with, WE ARE soft.

Section 3 - Growth and Transformation

9. What lessons from the program impacted you the most?

(Feeling) Understand other people feeling.
Me looking at what a person (doing
did.) but not knowing and under
standing the big picture.

10. How has your mindset changed since participating?

Understand^{ing} is the key, I don't
look crazy. When a person say
something I think is crazy. I wait
to hear the whole thing.

11. What tools or strategies have helped you manage conflict differently?

I call it the positive strategies. Think
before you act. Then think again.

12. How has your faith, purpose, or outlook on life changed?

My faith, Not just in Christ, but in choses
you make. Your faith, purpose, feeling,
get stronger.

13. What personal strengths have you discovered in yourself?

Not wanting to be a mentor but will help,
teach anyone. My strength is helping
other by telling my story.

Section 4 - Redemption and Hope

14. What does redemption mean to you personally?

Apologizing, Being Sorry, Saying you sorry
in the eyes of who you're around. But
you don't really mean it. Only something
Heavy, Big,

15. How do you want your story to impact others?

To show you can still get better, change
in a positive way, have some kind of
purpose even if you have life,

16. What would you say to someone who feels stuck in anger, addiction, or hopelessness?

Try doing something different you haven't
tried on the positive side.

17. What goals or dreams do you have for your future?

My goal is to get out and own, owned a
laundry mat. My sister and cousin want me
to get a barber shop but I don't know
how to cut hair. I want to work in my
business, so I see a laundry mat

18. How do you plan to continue growing after this program?

By being who I am. Staying positive.

Section 5 - Final Reflection

19. What are you most proud of about your journey?

Remembering before I came to the program telling one of the mentors who kept asking when you coming back, and the smile on his face when I came.

20. What message would you like to leave for your family, community, or future generations?

Family, I'm so glad you all seen the change before the program and see the help I getting out the program. Community, see the same. (Future generations) these program deal with what we don't. Feeling, emotion, care for other and most of all, be true to you!

21. Complete this sentence: "From conflict to clarity means..."

Change, in a positive way.
Something better.
Less stress, feeling good about
yourself.

Thank you for sharing your story. Your voice, honesty, and growth have the power to inspire others.