

# From Conflict 2 Clarity

## Stories of Redemption

### Written Interview Form

*Purpose: This written interview is designed to help participants share their personal journey of growth, accountability, healing, and redemption through the **From Conflict 2 Clarity** program.*

Participant Name: Joseph T. Horton

Nickname (Optional): N/A

Facility/Location: ILLINOIS RIVER CC

Date: 8/12/26

Interviewer Name: \_\_\_\_\_

## Section 1 - Before the Change

1. Describe your life before joining **From Conflict 2 Clarity**.

Before joining Conflict ~~2~~ Clarity I was trying to figure out what my next move would be in filling something to the courts, If I wanted to stay here or be transferred to another prison. So I decided to join this program T.R.I.P.

2. What were some of the biggest struggles or conflicts you faced?

my biggest struggle was trying to find the help that I needed "The right help from someone that knew what they were doing, knew there way around case law, staying focused on what it is and was that I needed to get done, and not wavering.

3. How did anger, addiction, trauma, or poor decisions affect your life and relationships?

"addiction was what effected my, all of my relationships in my past, Trying to hold a job and pay bills it destroyed everything that I tried to hold on too that was good, Dear to me family and friends as well.

4. At that time, how did you see yourself?

I saw myself lost, confused

## Section 2 - The Turning Point

5. What led you to participate in *From Conflict 2 Clarity*?

Someone told me about the program, what it had to offer so I had nothing to lose, I wanted to see what this program could offer me in my fight for my freedom amongst other things that I was struggling with like being Idle, Lazy doing not much of anything.

6. Was there a specific moment that made you realize you wanted change?

"yes I was tired of doing the same things each day, not doing anything that could change me, my way of thinking I Really had no motivation, so I figured if I don't try to do something to change my way of thinking then I may just end up here for the rest of my life.

7. Who or what influenced you to take accountability for your actions?

my self

8. What emotions did you experience when beginning the program?

"excited, anxious, Hopeful, dedicated to trying something new to see where it could take me.

### Section 3 – Growth and Transformation

9. What lessons from the program impacted you the most?

making changes in the legislation writing letters to representative asking to pass bills that will change life and de facto life sentences, amongst other people who can help get things done like family and friends.

10. How has your mindset changed since participating?

I'm really charged up and excited about what will be the out come of everything that we are doing, hoping for a better future. I also fill better about the things that I want to do once I walk out these doors.

11. What tools or strategies have helped you manage conflict differently?

I've learned to think before I react to a problem, if it should escalated just walk away, don't look back keep it moving. and take the time to reflect on everything that I have to lose by making the wrong choice.

12. How has your faith, purpose, or outlook on life changed?

my faith has always been good, my purpose is always find a new and better path, life is looking brighter since this program because there's hope.

13. What personal strengths have you discovered in yourself?

*That I can do anything as long as I put my all into it, my mind anything is possible.*

## Section 4 - Redemption and Hope

14. What does redemption mean to you personally?

Redemption means to me "change, from old behavior to someone new finding a new way to deal with everyday life, new coping skills dealing with stress, and people

15. How do you want your story to impact others?

I would like others to see me on a daily bases on how I do my best to carry myself as a man, and say "I want what he's got." or I would like for them to say that they would want people to see them in that <sup>type of</sup> manner of way that they would like to be seen that will also impact others.

16. What would you say to someone who feels stuck in anger, addiction, or hopelessness?

I would say put yourself around positive people, seek out some self help groups like anger management classes, seek out a drug class, go talk to someone that deals with mental health. These places can put you back on the right track if you work it."

17. What goals or dreams do you have for your future?

my goal is to 1st get myself out of prison, once out get my life back on track on the outside with family, a job and hopefully do some traveling.

18. How do you plan to continue growing after this program?

I will continue to do positive things that will allow me  
to continue to grow; staying focused on doing the right  
thing that will allow me to continue to grow, do positive  
things.

## Section 5 - Final Reflection

19. What are you most proud of about your journey?

*I'm most proud about my journey is that I didn't give up I gave it my all.*

20. What message would you like to leave for your family, community, or future generations?

*I would like for them to know that even though the outside world through me away for the rest of my life as a innocent wrongfully convicted man I would like for my family as well as my community to know, see that I didn't give up my fight for my freedom, "Don't give up!"*

21. Complete this sentence: "From conflict to clarity means..."

*"Conflict" I learned to always think before I react to something negative; "Clarity" means to learning more about myself about who I want to be, where I want to go*

**Thank you for sharing your story. Your voice, honesty, and growth have the power to inspire others.**